



SEEDLINGS

Sophia Garden and Learning Center

WINDING DOWN FOR WINTER...



Volume 7, Issue 7

October 9-21, 2007

Event Calendar

Harvest 4pm	Oct 10
Harvest 7am	Oct 11
Harvest 4 pm	Oct 14
Harvest 7 am	Oct 14
Harvest 4 pm	Oct 17
Harvest 7 am	Oct 18
Next workday	Oct 20

What's coming up in the Garden...

- Potatoes, sweet potato, loads of onions and winter squash, kale, Swiss chard, leeks, last of the tomatoes.
- Coming up soon: greens, little turnips, beets, carrots
- All items subject to change dependent on the weather, the bugs and Mother Nature!

Last Licks

Unbelievably enough, our last vegetable pick up is November 1st! If you haven't yet fulfilled your commitment of 15 hours, now would be a great time to get with it! Please sign up for hours in the shed.

At presstime we were especially light for Thursday, October 11 and Thursday, October 18 harvesting so please do your part.

Next Workday

Fall is a particularly pleasant time to get out in the fresh air; there's precious little warm weather left and the days are not as stifling as high summer.

Sooooo, that means the October 20th workday should be a lovely time. Please come out with family, friends, gloves, a snack and what tools you might have. We'll be planting garlic/taking down the tomato stakes (the kids loved it last year). The Garden will thank you by making you feel fabulous and virtuous!

Holiday Happening

Mark your calendar for the shopping event of the holiday season, our Holiday Happening at the Motherhouse on Dec 8 from 10 am-4



pm. Sister Maureen McGovern will be back! Vendors can contact S. Jeanne at 631-842-6000 x.307.

Talking (no) Turkey

We won't be ordering turkeys this year. Our supplier was Makinajian Poultry Farm; their number is 631-368-9320.

Garlic

Just a reminder that we won't have garlic this season due to concerns about the crop. But we will be working on getting our beloved *allium sativum* going for next year (see Next Workday, above).

SUGGESTION BOX

Do you have suggestions for improvements to the way things are done at Sophia Garden? Communicate your ideas through our suggestion box. Use this space and drop it off on the shelf in the shed.



**SOPHIA GARDEN
AND LEARNING
CENTER**

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We're on the web!

<http://members.aol.com/sophiagardens/home>

*Towards an
interconnected
community of life*

We're reading: *Last Child in the Woods: Saving Our Children from Nature Deficit Disorder* by Richard Louv. Sister Jeanne is going to his lecture and book signing at Scandinavia House in NYC on Nov 1. Interested? Email NYEvents@tpl.org and let Jeanne know!

RECIPE FOR A BETTER PLANET

The "zucchini thing" that was so popular at our Autumn Equinox celebration turns out to be a zucchini pie! This much-requested recipe comes from member Ann Marie Coakley. And it turns out to be easy to make! Hurray for Ann Marie!

Zucchini Pie

2 cups grated, unpeeled zucchini
1 large onion
½ cup grated parmesan cheese
½ cup shredded cheddar
½ cup oil
1 cup bisquik
4 beaten eggs
3-4 Tbsp chopped parsley
1 tsp salt
½ tsp pepper

Combine all ingredients. Mixing until zucchini is just coated with batter. Bake in a 9" pie plate or 9 x 9" pan. 350° for 30-40 min. or until lightly browned.

Use 1 ½ recipe for a 9 x 13" pan.

Serve as an appetizer.

WANTED: NEW FARMER

Nora has informed our Core Group that she will not be renewing her contract - she hopes to pursue something closer to her home in Pennsylvania next year. We are grateful to have had Nora as our farmer this year; without her it is likely that we would not have had a garden. We wish her well in her future endeavors.

So, we are in need of a new farmer. This small advertisement below is a brief description which we ask you to forward to your friends, family or associates. If we work together to spread the word and put our positive energy out there, I'm sure the right person for the position will appear!

Please let me know if you have any questions.

Thanks so much for your help.

Regards,

Julie Cohen

Garden Manager

631-842-6000, ext 333

Three-Acre Organic CSA on Long Island Looking For a Farmer

Sophia Garden, thriving for ten years, is located in Suffolk County, Long Island and operates on land owned by the Dominican Sisters of Amityville.

We have one and one-half acres in cultivation, a strong core group and a manager which leaves the farmer free of managerial responsibilities while at the same time enjoying support from shareholders.

Position available for the 2008 growing season.

Please call 631-842-6000 ext.333 or email sophiagarden@aol.com

**Fall into
Place
WORK-
DAY**
Our next work-
day will be:
**October 20
10 am—2 pm**
Please come,
bring the family
and a snack.
Gloves recom-
mended. See you
then!